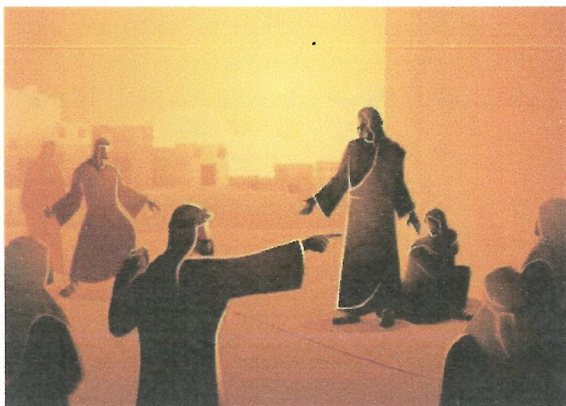


**Welcome to
St Andrew's Cathedral,
St Mary's, Forebank,
& Our Lady of Good Counsel**

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**Fifth Sunday of Lent
April 2025**

*Next Sunday: Palm Sunday of the Lord's Passion
Year of Luke (C)*



Dear Friends,
in the spirit of this Sunday's Gospel,
I am happy to share this poem with you.

They felt the ground
for smooth, heavy rocks.
I bowed my head slightly,
as fingers trembled over
new, prune-colored bruises
on my ribs, my stomach.
I unlocked my knees and lifted my chin,
met his eyes.
he paused for a moment,
nodded his head slowly.
If you are without sin, please, cast the first stone.
I bit my lip, waited and watched,
squinting in the sunrise.
the Pharisees grumbled,
the townspeople eyed me, but said
nothing, until they left, one by one.
*That Jesus, they mumbled,
He's always finding loopholes.*

Jean Marie, Poet

Our Sunday Masses:

Vigil Masses: 5.30pm in Our Lady of Good Counsel

Day Masses: 9.45am in Our Lady of Good Counsel
11am [Solemn Mass] & 6pm in Cathedral
11.30am [Solemn Mass] in St Mary's, Forebank

This week's Daily Masses

St Andrew's Cathedral:

Monday - Friday at 1pm
Saturday Mass at 10am (with Novena)

St Mary's, Forebank:

Monday at 12noon
No Mass on Tuesday or Thursday
Wednesday and Friday at 11.30am.

Our Lady of Good Counsel:

Monday at 11am
Wednesday & Friday at 10am
Liturgy of the Word & Holy Communion on
Tuesday and Thursday at 10am.
Morning Prayer each day at 9.45am.

Sacrament of Reconciliation - Confession

Saturdays after Mass in the Cathedral.
Friday during Adoration in Our lady fo Gopd
Counsel 9am until 9.40am.
On request as far as is possible.

**The Easter Triduum
17 - 20 April 2025**

Please do your best **not** to miss the Triduum;

Please do your best **not** to minimise the
Triduum by skipping any part of it
- the Easter Vigil is the climax;

Please **Do** try to reorganise your life around
the events of these three days which are at the
centre of our Christian life.

**This Sunday afternoon at 4pm we shall
have the SCIAF Stations of the Cross and
Benediction of the Blessed Sacrament in
Our Lady of Good Counsel.
Please come and join us if you can.**

**Next Sunday, Palm Sunday, there will be
Sung Vespers and Benediction in the
Cathedral at 4pm.**